

CHANTELLE MAGEL, Ph.D., R. Psych. (#7412)

Azalea Child Psychology Services
AVA Psychology Group
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Calgary, AB T3B 0M6

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EDUCATION

Doctor of Philosophy	Clinical Psychology , University of Calgary	2019-2023
Clinical Psychology Resident	Saskatoon and Area Psychology Residency Program	2022-2023
Master of Science	Clinical Psychology , University of Calgary	2017-2019
Bachelor of Science (Hons)	Psychology (<i>with distinction</i>), University of Calgary	2012-2016
DELF (Diplôme d'études en langue française) (Level B-2)	Demonstrates French oral, written, and auditory abilities that correspond to a degree of independence that allows for the construction of arguments to defend opinions, explain viewpoints, and negotiate. Demonstrates a degree of fluency and spontaneity in regular interactions and the ability to correct mistakes.	2012

CLINICAL EXPERIENCE

Azalea Child Psychology Services

AVA Psychology Group (Calgary, AB)

- **Cases seen:** Children, adolescents, and young adults (ages 2-23), community mental health.
- **Assessment:** Developmental (diagnostic and psychoeducational)
 - **Presenting concerns include:** Autism spectrum disorder (ASD), attention-deficit/ hyperactivity disorder (ADHD), intellectual developmental disorder/ intellectual disability (ID), giftedness, learning disorders, mood and anxiety disorders.
 - **Measures include:** Autism Diagnostic Observation Schedule (**ADOS-2**) modules 1-4, Wechsler Adult Intelligence Scale-4th Edition (**WAIS-IV**), Wechsler Intelligence Scale for Children-5th Edition (**WISC-V**), Wechsler Preschool and Primary Scale of Intelligence-4th Edition (**WPPSI-IV**), Wechsler Individual Achievement Test-3rd Edition (**WIAT-III**), Wide Range Assessment of Memory and Learning-3rd Edition (**WRAML3**), Conners Continuous Performance Test (**CPT-3**), Delis-Kaplan Executive Function System (**D-KEFS**), Adaptive Behavior Assessment System (**ABAS-3**), Beck Anxiety Inventory (**BAI**), Behavior Assessment System for Children (**BASC-3**), Beck Depression Inventory (**BDI-II**), Beck Youth Inventories (**BYI-2**), Behavior Rating Inventory of Executive Function (**BRIEF-2**), Brown Executive Function/Attention Scales (**Brown EF/A**), Conners (**Conners 4**), Developmental Profile 4 (**DP-4**), Multidimensional Anxiety Scale for Children (**MASC-2**), Millon Adolescent Clinical Inventory (**MACI-II**), Millon Clinical Multiaxial Inventory (**MCMI-IV**), Social Responsiveness Scale (**SRS-2**).

02/2024-
Present

Rural Consultation Rotation, Saskatoon and Area Psychology Residency Program

Rural Consultation Program (Saskatoon, SK)

- **Supervision:** Dr. Marilee Zaharia, R. Psych.
- **Cases seen:** Children, adolescents, and young adults (ages 5-21), tertiary health.

03-08/2023

- **Consultation:** Consulted with approximately 40 psychologists and other clinicians (e.g., social workers) from numerous rural health regions across Saskatchewan regarding their complex cases. These consultations took place approximately weekly in group sessions with 7-20 clinicians present and individually as needed.
 - **Presenting concerns:** Autism spectrum disorder, disruptive and violent behaviour, trauma, anxiety and mood disorders, etc.
 - Provided consultation to clinical and teaching/community staff working to mitigate risk for four youth involved with the Violence Threat Risk Assessment (VTRA) protocol.
- **Assessment:** Diagnostic and psychoeducational, as well as two forensic risk assessments (one sexual offence (age 21), one violent offence (age 17)).
 - **Presenting concerns:** Autism spectrum disorder, intellectual developmental disorder, disruptive and violent behaviour, attention-deficit/hyperactivity disorder, posttraumatic stress disorder, anxiety and mood disorders, etc.
 - Often involved presenting findings to day-treatment staff and teachers.
- **Treatment:**
 - **Presenting concerns:** Generalized anxiety disorder, major depressive disorder, autism spectrum disorder, attention-deficit/hyperactivity disorder, etc.
 - **Individual psychotherapy:** Sessions occurred either via telehealth or in-person and followed a CBT/DBT approach as well as social skills training.

Developmental Psychology Assessment Rotation, Saskatoon and Area Psychology Residency Program

09/2022-02/2023

Alvin Buckwold Child Development Program (Saskatoon, SK)

- **Supervision:** Dr. Lara Spagrud, R. Psych. & Dr. Christopher Singleton, R. Psych.
- **Cases seen:** Children and adolescents (ages 2-17), tertiary health.
- **Assessment:** Developmental (diagnostic and psychoeducational)
 - **Presenting concerns:** Autism spectrum disorder, global developmental delay, intellectual developmental disorder, mood and anxiety symptoms, etc.
 - Involved multidisciplinary teamwork with social work and developmental pediatricians.

CBT Parenting Interventions and Psychoeducational Assessments for Children

01-06/2021

University of Calgary Psychology Clinic (Calgary, AB)

- **Supervision:** Dr. Kyleigh Schraeder, R. Psych.
- **Cases seen:** Children and adolescents (ages 7-13), community mental health.
- **Treatment:**
 - **Presenting concerns:** Posttraumatic stress disorder, anger, anxiety, suicidality.
 - **Individual psychotherapy:** Sessions occurred via telehealth and involved individual sessions with the child, their parents, and combined sessions.
 - Sessions with one client followed a trauma focused-CBT approach.
 - Sessions with other clients involved primarily parent sessions, wherein attachment-based CBT parenting techniques were discussed.
 - Also involved consultations with teachers, psychiatrist, previous psychologist, and pediatrician for various clients.
- **Assessment:** Psychoeducational
 - **Presenting concerns:** Attention-deficit/ hyperactivity disorder, specific learning disorders, disruptive and violent behaviour, etc.

CBT Interventions with Children and Adolescents

09-12/2020

Northwest Mental Health Clinic (Calgary, AB)

- **Supervision:** Dr. Jennifer Douglas, R. Psych.
- **Cases seen:** Children and adolescents (ages 10-17), outpatient mental health.
- **Treatment:**
 - **Presenting concerns:** Generalized anxiety disorder, social anxiety disorder, posttraumatic stress disorder, major depressive disorder, anorexia nervosa.
 - **Individual psychotherapy:** Sessions occurred either via telehealth or in-person and followed a CBT approach.
 - Also involved consultations with psychiatry for most clients.
 - **Group psychotherapy:** Co-facilitated a 4-week virtual Dialectical Behaviour Therapy group for 13 adolescents (ages 14-17), as well as a concurrent parent group.
- **Assessment:** Diagnostic interviews with therapy clients and other children and adolescents to identify diagnoses and determine suitability for the clinic. Most queries were regarding anxiety and mood symptoms.

Integrative Interventions and Assessments with Children, Adolescents, and Young Adults

09/2019-06/2020

University of Calgary Psychology Clinic (Calgary, AB)

- **Supervision:** Dr. Brae Anne McArthur, R. Psych.
- **Cases seen:** Children, adolescents, and adults (ages 4-25), community mental health.
- **Treatment:**
 - **Presenting concerns:** Posttraumatic stress, anger, anxiety, depression, suicidality, attention difficulties, body image concerns, sexual identity concerns.
 - **Individual psychotherapy:** Sessions occurred either via telehealth or in-person and followed a CBT approach, while integrating interpersonal and relational, Acceptance and Commitment Therapy (ACT), and mindfulness methods.
 - Treatment with one client (7) followed the “iCOPE with COVID-19” protocol, a CBT-based manualized treatment aimed at addressing COVID-19-related anxiety symptoms in children and adolescents.
 - **Group psychotherapy:** Co-facilitated a 7-week treatment group for six children with anxiety (ages 8-12), using a manualized CBT treatment for anxiety (the “Cool Kids” treatment protocol).
- **Assessment:** Diagnostic and psychoeducational
 - **Presenting concerns:** giftedness status, attention-deficit/hyperactivity disorder, and generalized anxiety disorder, etc.

DBT Group Therapy for Adolescents with Eating Disorders

02-04/2019

Calgary Silver Linings Foundation (Calgary, AB)

- **Supervision:** Dr. Carly McMorris, R. Psych.
- **Cases seen:** Adolescents (ages 14-17), community mental health.
- **Treatment:**
 - **Presenting concerns:** Anorexia nervosa, bulimia nervosa, binge eating disorder, depression, anxiety, obsessive compulsive disorder.
 - **Group psychotherapy:** Co-facilitated a 7-week DBT-informed emotion regulation skills group for five adolescents with eating disorders.

Unified Protocol for Transdiagnostic Treatment of Emotional Disorders with Adults

01-04/2019

University of Calgary Psychology Clinic (Calgary, AB)

- **Supervision:** Dr. Joshua Madsen, R. Psych., & Dr. Lianne Tomfohr-Madsen, R. Psych.
- **Cases seen:** Adults, community mental health.
- **Treatment:**

- **Presenting concerns:** Specific phobia, anxiety, depression.
- **Individual psychotherapy:** Sessions followed a manualized CBT-based transdiagnostic treatment protocol that focuses on addressing the emotional vulnerabilities that underly many mental health disorders (Unified Protocol for Transdiagnostic Treatment of Emotional Disorders).

Diagnostic Interviewing with Adults

University of Calgary (MSc Thesis Experience) (Calgary, AB)

11/2018-
01/2019

- **Supervision:** Dr. Kristin von Ranson, R. Psych.
- **Cases seen:** Adults (ages 19-62), research participation.
- **Assessment:** Diagnostic interviews with community participants from across Canada to determine eating disorder and comorbid mental health diagnoses.

Forensic Assessments with Adolescents and Young Adults

Forensic Adolescent Program (Calgary, AB)

05-08/2018

- **Supervision:** Dr. Ryan Day, R. Psych., & Dr. Deborah Brown, R. Psych.
- **Cases seen:** Adolescents and young adults (ages 12-21), forensic setting.
- **Assessment:** Court-ordered risk assessments to inform sentencing recommendations.

Neuropsychological Assessment with Young Adult

Foothills Medical Center (Neuropsychology) (Calgary, AB)

03/2018

- **Supervision:** Dr. Amy Siegenthaler, R. Psych.
- **Case seen:** Young adult (age 20), hospital setting.
- **Assessment:** Psychoeducational
 - **Presenting concern:** Significant concussion history.

STUDENT SUPERVISION

Peer Supervision in Clinical Psychology

Rural Consultation Program (Saskatoon, SK)

03-08/2023

- Supervisor: Dr. Marilee Zaharia, R. Psych.
- Supervision of two doctoral level clinical psychology students (one first year student and one fourth year student) in performing assessment and therapy activities with children and adolescents. Duties included direct observation of and co-administration of these activities, as well as providing in-depth feedback on student clinical skills and written reports. Also provided psychoeducation to students about autism spectrum disorder.

Teaching Assistant: Clinical Assessment of Adults (Psychology 671)

University of Calgary

09/2018-
12/2021

- Supervisor: Dr. Kristin von Ranson, R. Psych.
- Supervision of master's level clinical psychology students (26 total) performing assessments with adults that involve a life-history interview, cognitive measure (i.e., WAIS IV), and personality measure (i.e., MMPI-2), to aid in developing their assessment skills. Provided in-depth feedback on students' assessment skills and written reports.

CONTINUING EDUCATION AND PROFESSIONAL WORKSHOPS

- Diagnosis and Treatment of Anxiety Disorders and OCD in Children and Youth. Dr. Iliana Ortega, M.D., Dr. Paul Arnold, M.D., Dr. Felicity Sapp, Ph.D., *Tourette and OCD Alberta Network, Workshop.* 04/10/2024
- Enhancing Supervisory Effectiveness: Optimizing Training and Practice in Clinical Supervision. Dr. Don Stewart, Ph.D., *Saskatoon and Area Psychology Residency Program, Workshop.* 14/06/2023

- Emotion Focused Family Therapy: Core Clinician Training. Dr. Adele Lafrance, Ph.D., *Online training*. 16-25/01/2023
- Ethical Space: How We Can Work Together. Willie J. Ermine, M.Ed., (First Nations University of Canada), *National Day for Truth and Reconciliation (Orange Shirt Day) Workshop*. 29/09/2022
- Autism Diagnostic Observation Schedule (ADOS-2) Coding Reliability. Dr. Christopher Singleton, Ph.D., *Alvin Buckwold Child Development Program, Workshop*. 20/09/2022
- Trans Affirming Care in Psychology. Amelia Newbert (Skipping Stone Foundation), *University of Calgary, Workshop*. 02/05/2022
- Clinical Assessment among Indigenous Clients. Dr. Christopher Mushquash, Ph.D. *University of Calgary, Department of Psychology Annual Clinical Workshop and Colloquium*. 02/09/2021
- TF-FBT Web 2.0: A Course for Trauma-Focused Cognitive Behavioral Therapy. *The Medical University of South Carolina, Online workshop*. 13/03/2021
- Introductory Workshop in the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents. Dr. Jill Ehrenreich-May, Ph.D. *Online workshop and training*. 05/03/2021
- Collaborative Assessment and Management of Suicidality (CAMS)-Care Suicide Prevention and Assessment Training. Dr. David Jobes, Ph.D., (training videos) and Dr. Kevin Jones, Ph.D. *Online workshop and training*. 12/05/2020
- Emotion Focused Family Therapy (Emotion Coaching: Theory, Basics and Skills Practice). Natasha Files, MSW. *Online workshop and training*. 05/02/2020
- Emotion-Focused Family Therapy: Introduction, Applications, and Skills Practice. Dr. Adele Lafrance, Ph.D. *University of Calgary, Department of Psychology Annual Clinical Workshop and Colloquium*. 03/09/2019
- The Therapeutic Use of Humor and Irreverence in Treatment for Anorexia Nervosa: Levity in the Context of a Deadly Serious Disorder. Dr. Nancy Zucker, Ph.D. *International Conference on Eating Disorders, Workshop*. 15/03/2019
- When Health at Every Size® Meets Evidence Based Psychotherapies: Adopt, Adapt, or Abandon? Dr. Lauren Muhlheim, Psy.D. & Dr. Rachel Millner, Psy.D. *International Conference on Eating Disorders, Workshop*. 14/03/2019
- Understanding and Treating Anorexia Nervosa. Dr. Janet Treasure, Ph.D. *The Mathison Centre for Health Research and Education, Special Seminar*. 07/02/2019
- Structured Clinical Interview for DSM-IV (SCID-I) Training. Dr. Kristin von Ranson, Ph.D. *University of Calgary, Special Training*. 11/2018
- Introduction to Feedback Informed Treatment (FIT) Workshop. Dr. Joshua Madsen, Ph.D. *University of Calgary, Workshop*. 23/11/2018
- Unified Protocol Workshop for the Transdiagnostic Treatment of Emotional Disorders. Dr. Shannon Sauer-Zavala, Ph.D. *University of Calgary, Workshop*. 10/12/2018
- Clinical Workshop: Values and Acceptance: Enhancing Practice with Clear Direction and Radical Openness. Dr. Jeremy Gauntlett-Gilbert, Ph.D. *University of Calgary, Department of Psychology Annual Clinical Workshop and Colloquium*. 07/09/2018
- Youth Level of Service (YLS)/Case Management Inventory (CMI 2.0) Training Workshop: Risk Assessment and Risk Management with Youth Offenders. Dr. Ryan Day, Ph.D. *Forensic Adolescent Program, Workshop*. 18/07/2018
- The Weight of the Evidence: Psychosocial Interventions for Obesity. Dr. Stephanie Cassin, Ph.D. *University of Calgary, Department of Psychology Annual Clinical Workshop and Colloquium*. 08/09/2017

LECTURES

Invited Lecture

Treatment of Common Mental Health Disorders in Children and Adolescents.
University of Regina (Psychology 861, Interventions II).

19/09/2024

PUBLICATIONS

Peer-Reviewed Journal Articles

Magel, C. A., Lacroix, E., Wilson, S., Iacono, W. G., von Ranson, K. M. (2024). Shifting goalposts: Widening discrepancies between girls' actual and ideal bodies predict disordered eating from preadolescence to adulthood. *Development and Psychopathology*, 1-14. <https://doi.org/10.1017/S0954579424000907> 2024

Magel, C. A., & von Ranson, K.M. (2021). Negative urgency combined with negative emotionality is linked to eating disorder psychopathology in community women with and without binge eating. *International Journal of Eating Disorders*, 54(5), 821-830. <https://doi.org/10.1002/eat.23491> 2021

Magel, C. A., Hewitt, K., Dimitropoulos, G., von Ranson, K. M., & McMorris, C.A. (2020). Who is treating ARFID, and how? The need for training for community clinicians. *Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity*. <http://dx.doi.org/10.1007/s40519-020-01007-1> 2020

Thomas, J., **Magel, C.**, Tomfohr-Madsen, L., Madigan, S., Letourneau, N., Campbell, T., & Giesbrecht, G. (2018). Adverse childhood experiences and HPA axis function in pregnant women: Investigating a pathway for the intergenerational transmission of stress. *Hormones & Behavior*, 102, 10-22. <http://dx.doi.org/10.1016/j.yhbeh.2018.04.004> 2018

Peer-Reviewed Published Abstracts

McMorris, C., Lebel, C., **Magel, C. A.**, Thomas, J., Dewey, D., Giesbrecht, G., & Letourneau, N. (2016). Pre- and post-natal maternal mental health and adverse child outcomes: Social-biological mechanisms. *The 22nd International Association for Child & Adolescent Psychiatry and Allied Professions World Congress (IACAPAP) and the 36th Annual Conference for the Canadian Academy of Child and Adolescent Psychiatry (CAPAP): Abstracts*, 1-2. 2016

Thomas, J. C., Campbell, T., **Magel, C. A.**, Letourneau, N., Tomfohr, L., & Giesbrecht, G. F. (2016). The effect of pregnancy anxiety on infant temperament and emotion regulation: Implications for cortisol reactivity to stress. *Psychosomatic Medicine*, 78(3), A-8. 2016

Peer-Reviewed Oral Presentations †Also listed as a peer-reviewed published abstract

von Ranson, K. M., **Magel, C. A.**, Lacroix, E., Wilson, S., Iacono, W. G., & McGue, M. (2024, March 14-16). *Widening actual-ideal body discrepancies predict disordered eating from preadolescence to adulthood*. Paper presentation. International Conference on Eating Disorders, New York, NY. 14/03/2024

†**Magel, C. A.**, Thomas, J. C., & Giesbrecht, G. F. (2016, September). *The multigenerational transmission of childhood sexual abuse and its effect on infant outcomes*. Paper presentation. International Association for Child & Adolescent Psychiatry and Allied Professions World Congress, Calgary, AB. 19/09/2016

Magel, C. A., Thomas, J. C., & Giesbrecht, G. F. (2016, April). *The multigenerational transmission of childhood sexual abuse and its effect on infant outcomes*. Paper presentation. University of Calgary 2016 Undergraduate Research Conference, Calgary, AB. 29/04/2016

Peer Reviewed Poster Presentations

von Ranson, K. M., **Magel, C. A.**, Wilson, S., & Iacono, W. G. (2023, September 7-9). *Psychometric properties of the Body Rating Scales: Actual-ideal discrepancy as an index of body dissatisfaction*. [Poster presentation.] XXIXth Annual Meeting of the Eating Disorders Research Society, Boston 07/09/2023

von Ranson, K. M., Gan, C. T., Cassin, S. E., Hines, S. A., Magel, C. A. , Masson, P.C., & Wojtowicz, A. E. (2021, September). <i>Gender differences in broadband personality among community-recruited adults with and without disorders characterized by binge eating</i> . Poster presentation. XXVII Annual Meeting of the Eating Disorders Research Society [virtual]	17/09/2021
Magel, C.A. & von Ranson, K. (2019, September). <i>Negative emotionality mediates the association between negative urgency and eating disorder psychopathology in women with and without binge eating</i> . Poster presentation. XXV Annual Meeting of the Eating Disorders Research Society, Chicago, IL, USA.	07/09/2019
Hewitt, K., Magel, C. , Dimitropoulos, G., von Ranson, K., & McMorris, C. (2019, June). <i>Avoidant restrictive food intake disorder: Community services and treatment</i> . Poster presentation. Canadian Psychological Association Annual National Convention, Halifax, NS.	01/06/2019
Magel, C.A. & von Ranson, K. (2019, March). <i>Negative emotionality, negative urgency, and eating disorder psychopathology in women who binge eat: A pilot study</i> . Poster presentation. International Conference on Eating Disorders, New York, USA.	14/03/2019
Magel, C. A. , Thomas, J. C., & Giesbrecht, G. F. (2017, June). <i>Multigenerational transmission of childhood sexual abuse: Impact of prenatal maternal cortisol alterations on infant stress reactivity</i> . Poster presentation. Owerko Center Conference, Calgary, AB.	01/06/2017

AWARDS AND DISTINCTIONS

Alberta Graduate Excellence Scholarship (AGES) – Indigenous (\$11,000)	2022-2023
SSHRC Joseph Armand Bombardier Canada Graduate Scholarship-Doctoral (3 x \$35,000)	2019-2022
Alberta Graduate Excellence Scholarship (AGES) – Indigenous (3 x \$15,000)	2019-2022
Teaching Assistant Award of Excellence	2021
Teaching Assistant Award of Excellence (<i>Nomination</i>)	2020
Mathison Centre Trainee Travel Award (2 x \$1,000)	2019-2020
ii'taa'poh'to'p Graduate Scholarship (\$13,000; \$5,000 top up)	2019-2020
Graduate Student Association Professional Development Award (\$750)	2019
Profiling Alberta Graduate Students Travel Award (\$750)	2019
Canada Graduate Scholarship-Master's (SSHRC) (Joseph Armand Bombardier) (\$17,500)	2018-2019
Indspire Award (\$2,300)	2018-2019
Faculty of Graduate Studies Master's Research Scholarship (\$500)	2018-2019
Indigenous Graduate Award (2 x \$15,000)	2017-2019
Queen Elizabeth II Graduate (Master's) Scholarship (\$10,800)	2017-2018
Metis Education Foundation Scholar Award (\$10,000)	2017-2018
Honours Thesis "Student Research Award" (<i>Nomination</i>)	2016
Rupertsland Institute Bursary (\$9,600)	2015-2016
Robert Spence Foundation Bursary (\$4,000)	2015-2016
Jason Lang Scholarship (3 x \$1,000)	2013-2016
Dean's List-Faculty of Arts	2013-2016
Indspire Award (\$2,100)	2014-2015
Belcourt Brousseau Metis Award (\$6,000)	2014-2015
University of Calgary Undergraduate Merit Award (\$4,000)	2013-2014
City of Calgary Scholarship (\$1,700)	2012-2013
Indspire Award (\$700)	2012-2013
Metis Education Foundation Entrance Bursary (\$5,000)	2012-2013
President's Admission Scholarship (\$2,000)	2012-2013
Alexander Rutherford Scholarship (\$2,500)	2012-2013

GRANTS

Madsen, J.W., (PI), Magel, C. , (Student Collaborator), Russell, K.B., (Student Collaborator), Williamson, T., (Student Collaborator), Cooke, J., (Student Collaborator). <i>Routine Outcome Monitoring and Client Feedback to Enhance Student Learning in Clinical Psychology</i> . University of Calgary Taylor Institute Practice Grant \$20,000.	06/2018-06/2019
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RELATED WORK EXPERIENCE

RESEARCH

Doctoral Dissertation, *University of Calgary* 2019-2023

- Supervision: Dr. Kristin von Ranson, R. Psych.
- Dissertation titled “Body Perception and Body Dissatisfaction: A Longitudinal Examination of Body Image and Disordered Eating Symptoms”.
 - Dissertation was comprised of three manuscripts. Project involved analyzing longitudinal archival data to investigate the relationships among body perception, body dissatisfaction, and disordered eating across an 18-year follow-up period. The psychometric properties of a commonly used measure of body perception were also examined.

Master’s Thesis, *University of Calgary* 2017-2019

- Supervision: Dr. Kristin von Ranson, R. Psych.
- Thesis titled “Negative Emotionality, Negative Urgency, and Eating Disorder Psychopathology: Mediation in Women with and Without Binge Eating.”
 - Project investigated whether a community sample of women with bulimia nervosa and binge-eating disorder exhibited differences in personality and impulsivity traits when compared to women with no eating disorder history. Mediation and moderated mediation models examining the relationships among these variables were explored.

Literature Review Author, *Calgary Silver Linings Foundation* 2016-2017

- Supervision: Dr. Carly McMorris, R. Psych.
- Tasked with reviewing literature and writing case statement to develop Alberta’s first residential eating disorder program, to be presented to Alberta’s Minister of Health.

Research Coordinator, *University of Calgary* 2016-2017

- Supervision: Dr. Carly McMorris, R. Psych.
- Served as coordinator for project examining healthcare practitioners’ experience with avoidant/restrictive food intake disorder (ARFID). In charge of developing questionnaire, contacting participants, conducting interviews, and entering data.

Undergraduate Honours Thesis, *University of Calgary* 2015-2016

- Supervision: Dr. Gerald Giesbrecht, R. Psych.
- Thesis titled “Multigenerational Transmission of Childhood Sexual Abuse: Impact of Prenatal Maternal Cortisol Alterations on Infant Stress Reactivity”
 - Project examined the impact of maternal history of childhood sexual abuse on biological stress markers (i.e., cortisol) during pregnancy. The relationships among these alterations in cortisol and infant physiological and behavioral stress reactivity were then examined utilizing hierarchical linear modelling.

Research Assistant, *Child Development Center* 2014-2015

- Supervision: Dr. Gerald Giesbrecht, R. Psych. (Alberta Pregnancy Outcomes and Nutrition (APrON Study))
- Performed data entry prior to being trained in and conducting detailed behavioral coding of infant 6-month stress assessments.

Research Assistant, *University of Calgary* 2014

- Supervision: Dr. Vina Goghari, R. Psych. (Clinical Neuroscience of Schizophrenia (CNS) Laboratory)
- Contacted participants and conducted assessments with 9- to 11-year-old children. Trained in administering various subtests from the WISC-IV and a variety of other tests (e.g., Wisconsin Card Sorting Test) aimed at assessing Theory of Mind in 9- to 11-year-old children.

TEACHING

Teaching Assistant, *University of Calgary*

09/2018-
12/2021

- Course: Psychological Assessment of Adults (PSYC 671)
- Instructed the laboratory component of this graduate course. Laboratory lectures provided students with an in-depth understanding of various cognitive and psychological measures. Topics also included general interviewing skills, administration and scoring of assessment measures, and writing integrated psychological reports.
- Nominated for Teaching Assistant Award of Excellence in 2020. Nominated and received award in 2021.

UNIVERSITY AND PROFESSIONAL ACTIVITIES

Graduate Pan-Psychology Partnership Mentor

09/2018-
08/2021

- Served as a mentor for University of Calgary undergraduate students interested in pursuing graduate studies in psychology. Responsibilities included providing guidance regarding course work and extracurricular involvement, as well as support throughout the undergraduate program.

Canadian Psychological Association Graduate Student Representative

09/2018-
08/2021

- Served as the CPA ambassador within the University of Calgary's Psychology graduate program and served as liaison between the students and the CPA. Provided membership information, explained the benefits of membership, promoted CPA activities, and encouraged the psychology students to join the CPA.

Clinical Psychology Mentor

08/2018-
08/2019

- Served as a mentor for a first year University of Calgary student in clinical psychology until the mentorship program was discontinued. Responsibilities included providing guidance regarding course work and balancing demands experienced by new graduate students.

Ad Hoc Manuscript Reviewer

02/2019

- Journal of Clinical Psychology

MEMBERSHIPS AND PROFESSIONAL AFFILIATIONS

College of Alberta Psychologists

2023-*Present*

Canadian Psychological Association (CPA)

2018-*Present*

Association for Psychological Science (APS) Graduate Student Affiliate

2019-2020

Society for a Science of Clinical Psychology (SSCP) Student Member

2019-2020